

# MASTERY

2009-2010



“Like the human heart, the world points beyond itself to something greater and more beautiful than its present condition.”

- George Leonard and Michael Murphy

# INTRODUCTION

The ITP Mastery program was created for those seeking a rich experience of ITP and its power to transform relationships, work and life. It is designed to deeply enhance your personal and professional growth by imparting the core practices and teachings of ITP. The program is also intended to sustain the integrity of the lineage and to develop extraordinary leaders, teachers and practitioners.

## VALUE FOR PARTICIPANTS

### PERSONAL

- Create your personal vision, intentions and practice plan for the coming year
- Deepen your practice and develop teaching abilities
- Receive support and guidance from ITP trainers and integral experts
- Experience the power of the Mastery community to reinforce your vision, personal development and growth as an ITP teacher

### PROFESSIONAL

- Integrate ITP into your professional life
- Learn to create, organize and present ITP workshops

### ITP GROUPS

- Develop your ability to present to your group and other ITP groups
- Bring an enhanced understanding of ITP core practices into your community
- Develop teachers from within your group

## INSTRUCTORS

Michael Murphy

Barry Robbins Pamela Kramer

Mike Spino David Meggyesy

Guest teachers



# PROGRAM OVERVIEW

Mastery is a nine month program, beginning with an introductory session on November 7, 2009 and concluding with a graduation ceremony on July 11, 2010. All sessions will be held in the SF Bay Area on weekend afternoons. The program also includes a weekend retreat at Esalen Institute at a reduced rate.

**PROGRAM FEE: \$1850**

## PROGRAM ELEMENTS

- 65 hours of class time
- 1 weekend workshop – \$195 value each (held outside of monthly class times)
- 1-2 hours of coaching per month
- 1 hour group conference call on alternate months
- Online communication with teachers and program participants
- Admission and participation in the 3rd Annual ITPI Conference held on June 11 & 12 with Michael Murphy, Jeffrey Kripal and others

## MATERIALS AND LITERATURE

Mastery Binder

Visioning & Affirmation Materials

Core Practice Handouts

*The Life We Are Given* (\$17 value) *Tao of Practice* (\$20 value)

## RECOMMENDED READING

(materials offered at reduced prices)

*LET Manual* *Future of the Body* *Mastery*



# Mastery Calendar

<b>DATES</b>	<b>DAY(S)</b>	<b>TOPIC</b>
Nov 7	Sat	Introduction
Dec 5	Sat	Integral Theory
Dec 6	Sun	Meditation
Jan 16	Sat	Kata
Jan 17	Sun	Kata – Part 2
Feb 6	Sat	Affirmations
March 6	Sat	LET
March 7	Sun	LET – Part 2
April 10	Sat	Staying Current
April 11	Sun	Staying Current – Part 2
May 1	Sat	Leadership
June 3-5	Fri-Sun	Esalen Retreat
June 11-12	Fri-Sat	3rd Annual ITPI Conference
July 10	Sat	Integral Fitness
July 11	Sun	Graduation

All sessions are held in the afternoon in the San Francisco Bay Area.  
Times and locations will be listed in the Mastery Binder.

*For additional information, please contact:*

*Barry Robbins at [barry@itp-international.org](mailto:barry@itp-international.org) or (415) 924-4256*

*Pam Kramer at [pam@itp-international.org](mailto:pam@itp-international.org) or (415) 927-0913*



# ITP Mastery Program Application

(PLEASE FILL OUT COMPLETELY AND PRINT CLEARLY)

Name \_\_\_\_\_ Gender \_\_\_\_\_

Date of Birth \_\_\_\_\_ Occupation \_\_\_\_\_

Address \_\_\_\_\_ Home Phone ( ) \_\_\_\_\_

\_\_\_\_\_ Work Phone ( ) \_\_\_\_\_

E-Mail Address \_\_\_\_\_ Fax # ( ) \_\_\_\_\_

Emergency Contact & # \_\_\_\_\_

How did you hear about this program? \_\_\_\_\_

What ITP literature have you read? \_\_\_\_\_

Why are you interested in participating in this program? \_\_\_\_\_

\_\_\_\_\_

Tell us what your expectations are of this program (including interest in becoming an ITP teacher):

\_\_\_\_\_

\_\_\_\_\_

Please describe your involvement in transformative practices including participation in an ITP group:

\_\_\_\_\_

\_\_\_\_\_

Tell us about your current physical exercise program and any physical or emotional challenges that may affect your participation in this program: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please return your completed application along with payment to:

ITP International  
PO Box 544  
Corte Madera, CA 94976

